STARTERS In Sicily we say Pane e panelle fanno i figli belli

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VEGETARIAN
GARLIC BREAD 4.95 Small pizza dough with olive oil & garlic.
GARLIC BREAD MOZZARELLA 5.95 Small pizza dough with olive oil, garlic, mozzarella & oregano.
GARLIC BREAD TOMATO 5.95 Small pizza dough with olive oil, garlic, tomato & oregano.
GARLIC BREAD TOMATO & MOZZARELLA 6.95 Small pizza dough with olive oil, garlic, mozzarella, tomato sauce.
BRUSCHETTA DELLA NONNA 6.95 Small pizza dough topped with chopped fresh tomato, basil, garlic, olive oil, salt & oregano.
FUNGHI GIOVANNA 8.95 Baked flat mushrooms with a garlic, chilli, fresh rosemary, white wine & butter sauce.
CAPRESE 7.95 Fresh tomato, mozzarella, basil & olive oil.
INSALATA TRICOLORE 8.95 Fresh tomato, mozzarella, avocado, basil & olive oil.
VEGETALI ALLA GRIGLIA E CAPRINO 8.95 Mixed grilled vegetables served with goat's cheese.
CAESAR SALAD 8.95 Salad with croutons, black olives, shaved grana padana cheese, topped with chef's sauce.
GREEN SALAD 4.95
MIXED SALAD 4.95
FISH
COPPA REALE 9.95

Prawn cocktail served with a homemade pink

sauce and parsley served with homemade bread.

Mussels cooked with garlic, lemon, black pepper, white wine sauce.	
Mussels cooked with garlic, white wine, tomato sauce, black pepper and parsley served with homemade bread.	•
GAMBERONI "LA PALMA" 10.95 Pan fried prawns in a garlic, butter and limoncello sauce.	
GAMBERONI ARRABBIATI 10.95 Pan fried prawns in garlic, chilli, white wine, butter and parsley sauce.	
CALAMARI FRITTI 9.95 Deep fried calamari rings served with lemon, salad and homemade tartare sauce.	
FRITTO MISTO 13.95 Deep fried calamari rings, whitebait and prawns served with salad, lemon and homemade tartare sauce.	
SARDINE ALLA GRIGLIA 9.95 Grilled whole sardines served with salad, lemon and a homemade salsa verde.	
CAPESANTE E PANCETTA 11.95 Pan fried scallops wrapped in italian smoked pancetta served with peas puree.	
MEAT	
MELANZANE DELLA MAMMA 8.95 Thin aubergine slices rolled with ham and cheese baked in tomato sauce and mozzarella.	
POLPETTINE IN SUGO 9.95 Homemade beef meatballs cooked in tomato sauce served with homemade bread.	
CAESAD SALAD VIII WARREN - 19.05	

CAESAR SALAD WITH CHICKEN

with chef's sauce.

Grilled chicken breast, with croutons, black

olives, shaved grana padana cheese, topped

COZZE AL LIMONE....

PASTA In Sicily we say A pignata taliata `un vugghi mai

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VEGETARIAN

SPAGHETTI AL POMODORO 9.95

Olive oil, garlic, basil and tomato sauce.

LINGUINE AL PESTO 9.95

Linguini pasta with traditional pesto Genovese.

PENNE ALL'ARRABBIATA 10.95 Olive oil, garlic, chilli, parsley & tomato sauce.

PENNE ALLA NORMA 10.95

Olive oil, garlic, aubergine, basil and tomato sauce.

PENNE DELL'ORTO 10.95

Mixed grilled vegetables, garlic & olive oil, parsley and a touch of cream sauce.

FETTUCCINE AI FUNGHI 13.95

Olive oil, garlic, white wine, mixed mushrooms, and black pepper.

FISH

SPAGHETTI AL VONGOLE 12.95

Clams cooked in olive oil, garlic, white wine, black pepper, parsley and cherry tomato sauce.

SPAGHETTI AL CARTOCCIO 14.95

Prawns, calamari, clams, mussels and mixed seafood in olive oil, garlic, chilli, white wine, parsley and tomato sauce wrapped in foil.

SPAGHETTI AI GAMBERONI 14.95

Prawns cooked in olive oil, garlic, chilli, white wine, parsley & tomato sauce.

PENNE LIDO 14.95

Swordfish chunks cooked in olive oil, garlic, aubergine, mint & tomato sauce.

LINGUINE MARE E MONTI 15.95

Prawns, calamari, clams, mussels, mixed seafood, courgette, cherry tomato & mixed mushrooms in garlic, white wine & parsley sauce.

SPAGHETTI ALL'ASTICE 17.95

Half a lobster with prawns cooked in garlic, parsley, cherry tomato & a touch of tomato sauce.

LINGUINE SCOGLIO 14.95

Linguini pasta served with clams, squid, baby prawns, mussels, chilli, fresh cherry tomatoes in olive oil and white wine sauce. FETTUCCINE AL GRANCHIO 14.95

Crab meat in olive oil, garlic, chilli, white wine, parsley and cherry tomato sauce.

MEAT

SPAGHETTI ALLA CARBONARA 12.95

Italian smoked pancetta, black pepper, whole egg and cheese.

SPAGHETTI ALLA BOLOGNESE 11.95

Slow cooked minced beef in onion, celery, carrot, red wine and tomato sauce.

SPAGHETTI ALLE POLPETTE II.95

Homemade beef meatballs cooked in tomato

FETTUCCINE POLLO E SPINACI 14.95

Chicken, onion, spinach and tomato sauce.

PENNE AL GORGONZOLA 12.95

Gorgonzola cheese, pancetta, cream and pine nuts.

LASAGNA 12.95

Baked pasta layers with bolognese sauce, béchamel and parmesan cheese.

FETTUCCINE ROSSE 14.95

Chicken, mixed peppers, sundried tomato pesto and tomato sauce.

PENNE AMATRICIANA 12.95

Italian smoked pancetta, onion, black pepper and tomato sauce.

RISOTTI

RISOTTO AI FUNGHI 12.95

Arborio rice, olive oil, garlic, white wine, mixed mushrooms, black pepper and parsley.

RISOTTO AI FRUTTI DI MARE 14.95

Arborio rice with prawns, calamari, clams, mussels and mixed seafood, cooked in olive oil, garlic, white wine, parsley and tomato.

RISOTTO "LA PALMA" 13.95

Arborio rice with italian smoked pancetta, olive oil, baby prawns, artichokes, white wine & parsley.

A wide range of pastas can be served gluten free. Please ask the waiter for details.



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POLLO CRISTIAN 15.95

Pan fried chicken breast in white onion, bacon, white wine and cream sauce topped with crispy bacon served with rosemary roasted potatoes and vegetables.

POLLO AI FUNGHI 15.95

Pan fried chicken breast in garlic, rosemary, mixed mushrooms, touch of cream and white wine sauce served with rosemary roasted potatoes and vegetables.

POLLO ALLA MILANESE 15.95

Pan fried chicken breast coated in egg and breadcrumbs and tomato sauce served with tomato spaghetti and lemon wedge.

FEGATO ALLA GRIGLIA 17.95

Finely sliced calf liver and grilled with italian smoked pancetta served with rosemary roasted potatoes and spinach and vegetables.

AGNELLO "LA PALMA" 18.95

Pan fried cutlets of lamb with red onion, wholegrain mustard, touch of honey and red wine sauce served with rosemary roasted potatoes and vegetables.

VITELLO ALLA ROMANA 19.95

Pan fried veal escalope in butter, white wine, flour, sauce topped with sage and san daniele ham served with rosemary roasted potatoes and vegetables.

VITELLO AL LIMONE 18.95

Pan fried veal escalope in lemon, white wine, flour, Butter sauce served with rosemary roasted potatoes and vegetables.

VITELLO ALLA PIZZAIOLA 18.95

Pan fried veal escalope in garlic & oregano, served with rosemary roasted potatoes and vegetables.

VITELLO AI FUNGHI 18.95

Pan fried veal in garlic, rosemary, mixed mushrooms with a touch of cream and white wine sauce served with rosemary potatoes.

VITELLO ALLA MILANESE 18.95

Pan fried veal escalope coated in egg and breadcrumbs served with tomato spaghetti and lemon wedge.

FILLET STEAK

FILLETO AL PEPE VERDE 25.95

Green peppercorn, brandy, cream and gravy sauce.

FILETTO AL VINO	ROSSO 25.95
Red wine reduction and	d gravy sauce.

FILLETO AI FUNGHI 25.95

Mixed mushrooms, red wine reduction & gravy sauce.

FILLETO AL GORGONZOLA 24.95 Gorgonzola and cream sauce.

FILLETO "LA PALMA" 25.95

Grilled plain with olive oil, basil, red wine and balsamic served on the side topped with crispy bacon.

RIB-EYE STEAKS

BISTECCA AL	PEPE VERDI	19.95
Green peppercorr	. brandy, crean	and gravy sauce.

BISTECCA AL VINO ROSSO 19.95

Red wine reduction and gravy sauce.

BISTECCA AI FUNGHI 19.95

Mixed mushrooms, red wine reduction & gravy sauce.

BISTECCA AL GORGONZOLA 19.95

Gorgonzola and cream sauce.

BISTECCA "LA PALMA" 19.95

Grilled plain with olive oil, basil, red wine and balsamic just served on the side topped with crispy

FISH

TONNO GRIGLIATO 21.95

Grilled fresh tuna steak served with rosemary roasted potatoes and vegetables of the day.

SPADA ALLA SALVO 21.95

Baked fresh sword fish coated in bread crumbs served with salad and potatoes.

CODA DI ROSPO DI AGRIGENTO 21.95

Pan fried monk fish in cherry tomatoes, garlic, white wine and parsley sauce served with rosemary roasted potatoes and vegetables of the day.

MISTO PESCE GIOVANNA 25.95

House Speciality. Selection of shellfish, served with half lobster, king prawns, clams, mussels, squid, olive oil, garlic, white wine, spicy tomato sauce, parsley, served with grilled bread with olive oil and oregano.

BRANZINO ADRIATICO 20.95

Pan fried seabass fillets served with spinach and porcini and cherry tomato sauce.

MIXED GRILLED SEAFOOD 28.95

Tuna, sword fish, fillet of sea bass, salmon, and king prawns, served with salad.



MARGHERITA 9.95 Tomato, olive oil, mozzarella, oregano.	FRUTTI DI MARE 16.95 Tomato, mozzarella, mixed shellfish, squid & king prawns.
PROSCIUTTO 10.95 Tomato, olive oil, mozzarella, ham.	ORTOLANA - V 12.95 Vegetarian pizza - tomato, smoked cheese, aubergine, roasted peppers, mushrooms and
NAPOLETANA 10.95 Tomato, olive oil, mozzarella di bufala, basil, anchovies.	olive oil.
anchovies.	CILIEGINA - V 13.95 Vegetarian pizza -Tomato, mozzarella di bufola, olive oil, rocket, cherry tomatoes, shaved
CAPRICCIOSA 12.95 Tomato, olive oil, mozzarella, mushrooms, artichokes, ham, black olives, wurstel.	parmesan.
	AMERICANA 12.95 Tomato, mozzarella and pepperoni sausage.
QUATTRO STAGIONI 13.95 Tomato, olive oil, mozzarella, mushrooms, ham, pepperoni sausage, black olives.	CALZONE 13.95 Folded pizza - tomato sauce, mozzarella, artichokes, ham, mushrooms, blue cheese.
REGINA 12.95 Tomato, olive oil, mozzarella, olives, ham, mushrooms.	HAWAIIANA II.95 Tomato, mozzarella, pineapple and ham.
PIZZA LA PALMA 15.95 Tomato, olive oil, mozzarella, parma ham pepperoni sausage, olives, artichokes, mushrooms.	QUATTRO FORMAGGI II.95 Mozzarella, blue cheese, parmesan cheese, smoked cheese.
SAN DANIELE 15.95 Tomato, olive oil, mozzarella, rocket, san daniele ham, cherry tomatoes, shaved parmesan.	MESSICANA 16.95 Tomato, mozzarella, ham, chilli, onions, red and green peppers with grilled and diced chicken.